



NEWS RELEASE  
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For Immediate Release

Contact: Jane Reilly  
Cell: +1 612-221-0746  
[jreilly@stillpointengage.org](mailto:jreilly@stillpointengage.org)

## **NEW PARTNERSHIP PROVIDING RESILIENCE SUPPORT TO FIRST RESPONDERS**

### *Stillpoint Engage recognizes challenging work of Hennepin EMS*

MINNEAPOLIS, MN (December 15, 2020) - In a one-of-a-kind project between Stillpoint Engage and Hennepin EMS first responders and dispatch staff can access resilience resources to sustain their mental and emotional stamina.

With COVID-19 overwhelming communities and healthcare, first responders are on the frontlines helping people during crises. First responders face exhausting schedules, traumatic calls, and fears for the lives of themselves and their families. Stillpoint Engage offers resources to support Hennepin EMS first responders, including individual resilience sessions, group critical incident sessions, in-person resilience training, a private website, resource library, and peer support training.

“In a high-stress, high-risk environment such as emergency response, individuals can face personal and professional challenges,” said Jane Reilly, co-founder and executive director of Stillpoint Engage. “The ResiliencEngage project helps sustain first responders so they can stay resilient and emotionally healthy in the face of traumatic or difficult incidents.”

Stillpoint Engage has dedicated 2020 to support the first responders who always put our community first. This year Stillpoint Engage is highlighting Hennepin EMS at their annual year-end-event. A tribute video highlighting the work of first responders and the importance of supporting them following a particularly challenging year is being released on December 15. The video is available to watch online at [www.stillpointengage.org](http://www.stillpointengage.org).

This holiday season join us as we celebrate our first responders!

Stillpoint Engage is an international, humanitarian nonprofit organization that engages multidimensional approaches to alleviate human suffering. They engage directly with frontline workers on our local streets during times of crisis, as well as with those who serve globally post-conflict and post-disaster. Throughout their work, Stillpoint Engage focuses on promoting psychological and social support activities, increasing psychosocial resiliency, and providing opportunities for actionable insight to enable individual and community healing.

**SOME GIVE  
FOOD.  
SOME GIVE  
MEDICINE.  
WE ENABLE  
RESILIENCE.**

Hennepin EMS is an Urban/Suburban 9-1-1 Emergency Medical Services Agency that handles approximately 75,000 calls for service each year from the citizens and visitors of Hennepin County, Minnesota. Hennepin EMS is based at HCMC in Downtown Minneapolis and serves 14 municipalities within Hennepin County, covering 266 square miles and a population of over 7,000,000.

Visit [www.stillpointengage.org](http://www.stillpointengage.org) or [www.hennepinhealthcare.org/hennepinems/](http://www.hennepinhealthcare.org/hennepinems/) for more information